

10–15% of the population suffer from urinary calculi and kidney stones – yet many people are unaware that a poor diet and a failure to drink sufficient quantities of water are major causes of urinary complaints, particularly urinary- and kidney stones. This up-to-the-minute manual written by a practicing urologist offers practical advice – with a dietary check-list, survey of risk factors and tips for prevention. It contains information about all the major conditions, typical symptoms and complaints, as well as all the remedies, which cover a wide spectrum depending on the individual case.

→Based on the very latest research: all therapeutic and preventative measures, compiled by an expert

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KIDNEY AND BLADDER DISORDERS

Diagnosis, treatment, prevention

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