

Hip complaints have long been been a widespread and growing concern – more than 200,000 artificial hip joints are implanted every year in Germany alone, and the numbers are increasing. This thoroughly researched appraisal, compiled by a specialist on the subject, lists all the latest treatments for the most common hip problems, including those not involving surgery. The book provides both sufferers and readers interested in the subject with all the facts they will need to deal with hip disease in an informed and stress-free state of mind. Included are tips gleaned from Dr Wolfgang Ditzen's practice: feedback from patients, checklists to follow before consultations and operations, information on post-operative care, and, most importantly, how to prevent the occurrence and re-occurrence of hip problems.

→ **Advice from a specialist on the whole spectrum available, and suggestions for maintaining healthy hip joints**

Wolfgang Ditzen MD was born in 1959 and is senior consultant at the centre for casualty and joint surgery at Herz-Jesu-Hospital in Fulda and at St. Vinzenz Hospital at Hanau, Hesse.

Natascha Becker, born in 1971, is a freelance journalist and author specialising in health issues. Her manual »Kidney and Bladder Disorders. Diagnosis, treatment, prevention« (written in collaboration with Matthias Keil) is published by Herbig.



Wolfgang Ditzen MD, Natascha Becker

THE HIP CLINIC

The whole therapeutic range from naturopathy to high-tech treatments

Approx. 192 pages, 14,3 x 21,0 cm

Softcover

ISBN 978-3-7766-2605-6